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SCIENTIFIC REVIEW ON VAMANA DRAVYA (EMETIC DRUGS) OF ASHTANGA SANGRAHA SAMHITA

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ABSTRACT

Panchakarma is a science which deals mainly with five purificatory therapies for elimination of *Doshas* and also *Snehana*, *Swedana*, *Brihmana*, *Rukshana*, *Lekhana*, *Sthambhana* etc., therapies for the benefit for healthy and patients to maintain the health and radical cure of the disease. The elimination of *Doshas* through *Urdhwabhaga* is called *Vamana*. After screening *Ashtanga Sangraha Samhita* along with *Indu Tika*, different *Vamana Dravya* were also found. Web sources with keywords like *Vamana Dravya*, *Vamanopaga Dravya*, *Ashtanga Sangraha Samhita* and *Dravya Guna* textbooks used to clarify the dispute of different *Dravya* mentioned in *Samhita*. In this article for the first time the comprehensive scientific review done to compile eighty *Vamana* and *Vamanopaga Dravya* from *Ashtanga Sangraha Samhita* and critically analysed the various aspects related to the botanical identification, part used, current availability, indications, current use in practice etc.

Keywords: *Panchakarma*, *Vamana*, *Vamanopaga*, *Ashtanga Sangraha Samhita*

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INTRODUCTION

Panchakarma is a science that deals mainly with five purificatory therapies for the elimination of *Doshas* and also *Snehana*, *Swedana*, *Brimhana*, *Rukshana*, *Lekhana*, *Sthambhana* etc., therapies for the benefit for health and patients to maintain the health and radical cure of the disease. ^[1] It is a unique therapy that attracts people for the treatment of various disorders which mainly includes 5 procedures and one among them is *Vamana Karma*. In *Ayurvedic* literature enormous number of formulations are described which are useful in the conduction of *Panchakarma* procedures. But the affordability and selection of appropriate medicine is a challenge in achieving utmost therapeutic efficacy and irrational use of medicines is a major problem in the field of Ayurveda.

The elimination of *Doshas* through *Urdhwabhaga* is called *Vamana* ^[2]. *Vamaka* drugs are the chief medicines which directly or actually carry out the function of *Vamana* and *Vamanopaga* medicines helps these main drugs in carrying out the procedure smoothly. According to *Doshas*, *Vamana* is indicated in *Kaphaja* disorder; *Pitta* occupied the place of *Kapha* and *Vata* predominant *Kapha* state ^[3] In *Kalpa-Siddhi Sthana*, *Madanaphala*, *Jlmutaka*, *Ikshwaku*, *Koshataki*, *Rajakoshataki* and *Kutaja Dravya* are described in detail. ^[4]

After reviewing the *Ashtanga Sangraha Samhita* along with *Indu Tika*, different *Vamana Dravya* were also found other than six *Dravya* mentioned in *KalpaSiddhi Sthana*. In *Samhita*, total 80 *Vamana* and *Vamanopaga dravyas* were observed. The *Vamaka Dravya* having the properties like *Ushna*, *Tikshna*, *Sukshma*, *Vyavayi* and *Vikasi* get absorbed and reach to heart due to their *Virya*.^[5] Most of the *Vamanopaga Dravya* are having properties like *Madhura Rasa*, *Sheeta Virya* and *Madhura Vipaka*. These reduce the irritative property of *Vamana dravya*.

The purpose of this article is to throw a light on 80 *Vamaka Dravyas* and *Vamanopaga Dravyas* mentioned in *Ashtang Sangraha Samhita* for easy selection and proper conduction of *Vamana* procedure and improve the understanding of drug selection to attain the goal of therapy.

AIMS AND OBJECTIVES:

For the compilation of the scattered references of different *Vamaka* and *Vamanopaga dravyas* in *Ashtanga Sangraha Samhita* and in depth evaluation of drugs related to the botanical identification, part used, current availability, indications, current use in practice etc.

MATERIALS AND METHODS:

A comprehensive search is done in all *Sthanas* of *Ashtanga Sangraha Samhita* along with *Indu Tika* using the keywords *Vamana* and *Vamanopaga Dravya*, and compiled eighty drugs. Then the drugs are critically analysed the botanical identification, partly used, current availability, indications, current use in practice etc. and the obtained data is presented in the form table and discussed critically based on the literature books on *Panchakarma*, *Dravya Guna*, articles and web sources.

LITERARY REVIEW:

Acharya Vriddha Vagbhata has mentioned 80 *Vamana Dravyas* in *Sutra Sthana* and 6 *Vamana Dravyas* in *KalpaSiddhi Sthana*.

Vamana Vidhi:

In *Sadharana Kala* the person should be subjected to *Snehana* and *Swedana Karmas*. Then he should be given the diet consisting of the *Gramya*, *Anupa*, *Audaka Mamsa Rasa*, *Ksheera*, *Dadhi*, *Masha*, *Tila Palala*, vegetables, etc. in the night prior to *Vamana Karma* for the excitation of *Kapha*. In the next morning when the food taken in the previous night is digested, after performing the *Bali*, *Homa*, and *Prayascitta*, and when the stomach is empty, the patient who is *Ishta Snigdha* should be brought to the *Vamana* room. Then the patient is advised to sit on the *Vamana*

chair, which is *Janu Samana* and then give the *Yavagu* added with *Ghrita* to take.

Then the person should be given *Ksheera*, *Takra*, *Ikshu*, *Yusha*, *Mamsa rasa*, *Madhya*, *Tushodhaka*, *Yavagu*, *Manda*. According to *Nakshatra*, *Tithi*, *Karana*, *Muhurata* and also according to the *Vyadhi*, *Dosha*, *Dushya* etc the *Aushadha Matra* should be decided and it should be given along with *Madhu* and *Saindhava*. While giving the medicine the *Mantras* should be chanted.

If the urge for vomiting is weak, then *Vamana Kashaya* or *Vamanopaga Dravyas* explained in the below table can be administered till the appearance of *Pitta* in the vomitus.^[6]

Vamana Greya yoga:

Madanaphala seeds powder should be prepared after impregnating it twenty-one times with decoction of *Madanaphala* etc. should be cast on the lotus flower in the evening. In the next morning, the flower should be plucked and then powdered with the drug. It should be given for inhalation to the patient who is *Sukumara* and has taken meal of *Haridrakrushara* or *Ksheera yavagu*, added with rock salt, jaggery and *Phanita*.

In case of non-availability of *Madanaphala*, one should use *Pushpa* or unripe fruit of *Madanaphala*.^[7]

Table 1. Botanical description with English name and commentary

SI No.	Name of the Drug	English name	Latin Name	Reference
1.	<i>Aragwadha</i>	Purging cassia	<i>Cassia fistula</i> Linn.	A.S.Su 14/2
2.	<i>Arishta</i>	Margosa tree, Neem tree	<i>Azadirachta indica</i> A. Juss	A.S.Su 14/2
3.	<i>Ashwagandha</i>	Winter Cherry	<i>Withania somnifera</i> (Linn) Dunal	A.S.Su 14/2
4.	<i>Avartaki</i>	Tanner's Cassia	<i>Cassia auriculata</i> L	A.S.Su 14/2
5.	<i>Bhadraparni</i>	Candahar tree, White teak, Beech wood	<i>Gmelina arborea</i> Roxb.	A.S.Su 14/2
6.	<i>Bandhujivaka</i>	-	-	A.S.Su 14/2
7.	<i>Bilwa</i>	Bael Tree	<i>Aegle marmelos</i> (L.) Correa ex Roxb.	A.S.Su 14/2 A.S. Ka 1/2
8.	<i>Bimbi</i>	Ivy Gourd	<i>Coccinia indica</i> W.& A	A.S.Su 14/2
9.	<i>Chavika</i>	Java, Long pepper root	<i>Piper chaba</i> (Hunter). (P.retrofractum Vahl.)	A.S.Su 14/2
10.	<i>Chitra</i>	-	-	A.S.Su 14/2
11.	<i>Chitraka</i>	Leadwort	<i>Plumbago zeylanica</i> Linn	A.S.Su 14/2
12.	<i>Daruharidra</i>	Indian Berbery	<i>Berberis aristata</i> DC	A.S.Su 14/2
13.	<i>Dhamargava</i>	Ridged gourd	<i>Luffa cylindrical</i> (Linn.)	A.S.Su 14/2 A.S. Ka 1/2
14.	<i>Dhanvana</i>	Dhaman	<i>Grewia tiliaefolia</i> Vahl.	A.S.Su 14/2
15.	<i>Dwipi</i>	-	-	A.S.Su 14/2
16.	<i>Ela</i>	Lesser Cardamom	<i>Elettaria cardamomum</i> Maton	A.S.Su 14/2
17.	<i>Gopa</i>	-	-	A.S.Su 14/2
18.	<i>Guduchi</i>	Heart-leaved moonseed	<i>Tinospora cordifolia</i> (Willd)	A.S.Su 14/2
19.	<i>Harenu</i>	-	<i>Vitex agnus-castus</i> Linn.	A.S.Su 14/2
20.	<i>Haridra</i>	Turmeric	<i>Curcuma longa</i> Linn.	A.S.Su 14/2
21.	<i>Hastiparni</i>	-	<i>Cucumis sativus</i> Linn	A.S.Su 14/2
22.	<i>Hribera</i>	-	<i>Coleus vettiveroides</i> (Jacob)	A.S.Su 14/2
23.	<i>Ikshu</i>	Sugarcane	<i>Saccharum</i>	A.S.Su 14/2

			<i>officinarum</i> Linn.	
24.	<i>Ikshwaku</i>	Bottle guard	<i>Lagenaria siceraria</i> (Mol.) Standl.	A.S.Su 14/2
25.	<i>Jimutaka</i>	Bristlyluffa	<i>Luffa echinate</i> Roxb	A.S.Su 14/2 A.S. Ka 1/2
26.	<i>Kalavrunta</i>	-	-	A.S.Su 14/2
27.	<i>Karanja</i>	Indian Beech	<i>Pongamia pinnata</i> Pierre	A.S.Su 14/2
28.	<i>Karbudara</i>	Sebesten	<i>Bauhinia variegata</i> Linn	A.S.Su 14/2
29.	<i>Koshataki</i>	Ridge gourd	<i>Luffa acutangula</i> (Linn.) Roxb.	A.S.Su 14/2 A.S.Ka1/2
30.	<i>Kovidara</i>	Mountain Ebony	<i>Bauhinia purpurea</i> Linn	A.S.Su 14/2
31.	<i>Kshara</i>	-	-	A.S.Su 14/2
32.	<i>Kshudrasaha</i>	Wild bean	<i>Phaseolus Trilobus</i> Ait.	A.S.Su 14/2
33.	<i>Kustumburu</i>	Coriander seeds	<i>Coriandrum sativum</i> Linn.	A.S.Su 14/2
34.	<i>Kutaja</i>	Kurchi	<i>Hollarrhena antidysenterica</i> (Linn.) Wall	A.S.Su 14/2 A.S.Ka1/2
35.	<i>Lavana</i>	Salt	-	A.S.Su 14/2
36.	<i>Madanaphala</i>	Emetic nut	<i>Randia dumentorum</i> Lam.	A.S.Su 14/2 A.S.Ka1/2
37.	<i>Madhu</i>	Honey	-	A.S.Su 14/2
38.	<i>Madhuka</i>	Licorice	<i>Glycyrrhiza glabra</i> Linn	A.S.Su 14/2
39.	<i>Madhuka</i>	Oil nut	<i>Madhuca indica</i> J. F. Gmel.	A.S.Su 14/2
40.	<i>Mahasaha</i>	-	<i>Teramnus labialis</i> Spreng.	A.S.Su 14/2
41.	<i>Murva</i>	Rajamahar hemp	<i>Marsdenia tenacissima</i> Wright & Arn.	A.S.Su 14/2
42.	<i>Nalad</i>	Spikenard	<i>Nardostachys jatamansi</i> DC.	A.S.Su 14/2
43.	<i>Neepa</i>	Burflower tree	<i>Anthocephalus cadamba</i> Miq	A.S.Su 14/2

44.	<i>Patali</i>	Rose flower fragrant	<i>Stereospermum suaveolens</i> DC (S. colais)	A.S.Su 14/2
45.	<i>Patha</i>	Indian moon seed	<i>Cyclea peltate</i> Hook. fil. & Thoms	A.S.Su 14/2
46.	<i>Phanita</i>	-	-	A.S.Su 14/2
47.	<i>Pippali</i>	Long pepper	<i>Piper longum</i> Linn.	A.S.Su 14/2
48.	<i>Prapunnata</i>	Ring worm plant	<i>Cassia tora</i> Linn.	A.S.Su 14/2
49.	<i>Pratyekapushpi</i>	Prickly Chaff flower	<i>Achyranthes aspera</i> Linn.	A.S.Su 14/2
50.	<i>Priyangu pushpa</i>	Beutyberry	<i>Callicarpa macrophylla</i> Vahl.	A.S.Su 14/2
51.	<i>Pruthvika</i>	-	-	A.S.Su 14/2
52.	<i>Rajadana</i>	-	-	A.S.Su 14/2
53.	<i>Rasanjana</i>	Indian Berbery	<i>Berberis aristata</i> DC	A.S.Su 14/2
54.	<i>Sadapushpi</i>	Apple of Sodom	<i>Vinca rosea</i> or <i>Calotropis procera</i> (Ait.) R.Br.	A.S.Su 14/2
55.	<i>Saptaparna</i>	Dita	<i>Alstonia scholaris</i> R. Br.	A.S.Su 14/2
56.	<i>Sarshapa</i>	Wild Turnip	<i>Brassica juncea</i> (L.) Czern.	A.S.Su 14/2
57.	<i>Shalamali</i>	Silk Cotton Tree	<i>Bombax ceiba</i> L.	A.S.Su 14/2
58.	<i>Shanapushpi</i>	Brown hemp Indian hemp Madras hemp Sunn hemp	<i>Crotalaria verrucosa</i> Linn	A.S.Su 14/2
59.	<i>Shangerashti</i>	-	-	A.S.Su 14/2
60.	<i>Sheluka</i>	-	-	A.S.Su 14/2
61.	<i>Shigru</i>	Horse Raddish tree, Drum stick plant	<i>Moringa oleifera</i> Lam.	A.S.Su 14/2
62.	<i>Shrunghatika</i>	Water chest nut Caltrops	<i>Trapa natans</i> L.	A.S.Su 14/2
63.	<i>Shrugavera</i>	Ginger	<i>Zingiber officinale</i>	A.S.Su 14/2

			Rosc.	
64.	<i>Somavalka</i>	White cutch tree White catechu	<i>Acacia polyacantha</i> Willd.	A.S.Su 14/2
65.	<i>Sumanasa</i>	-	-	A.S.Su 14/2
66.	<i>Sushvi</i>	Cuminum seeds	<i>Cuminum cyminum</i> Linn.	A.S.Su 14/2
67.	<i>Swadukantaka</i>	Cow hage	<i>Tribulus terrestris</i> Linn.	A.S.Su 14/2
68.	<i>Tagara</i>	Indian walerian	<i>Valeriana wallichii</i> DC	A.S.Su 14/2
69.	<i>Talisa patra</i>	Indian silver fir	<i>Abies webbiana</i> (Wall ex D. Don)	A.S.Su 14/2
70.	<i>Trapusa</i>	Cucumber	<i>Cucumis sativus</i> Linn.	A.S.Su 14/2
71.	<i>Uddhalaka</i>	Sebesten Glue berry Pink pearl tree	<i>Cordia dichotoma</i> G.Forst.	A.S.Su 14/2
72.	<i>Upachitra</i>	-	-	A.S.Su 14/2
73.	<i>Upodika</i>	Indian spinach	<i>Basella alba</i> Linn	A.S.Su 14/2
74.	<i>Ushira</i>	Khaskhas grass	<i>Vetiveria zizanioides</i> (L) Nash	A.S.Su 14/2
75.	<i>Vacha</i>	Sweet flag	<i>Acorus calamus</i> Linn	A.S.Su 14/2
76.	<i>Vidanga</i>	Embelia Fruit	<i>Embelia ribes</i> Burm.	A.S.Su 14/2
77.	<i>Vidula</i>	Goat willow	<i>Salix caprea</i> or <i>Barringtonia</i> <i>acutangula</i> Gaertn.	A.S.Su 14/2
78.	<i>Vishala</i>	Colocynth or Bitter apple	<i>Citrullus colocynthis</i> (L.) Schrad.	A.S.Su 14/2
79.	<i>Vruchira</i>	Horse pursalane	<i>Trianthema</i> <i>portulacastrum</i> Linn	A.S.Su 14/2
80.	<i>Yavani</i>	Ajowan	<i>Carum copticum</i> Benth. & Hook	A.S.Su 14/2

DISCUSSION:

In *Sutrasthana*, Acharya Charaka replying to the query of Agnivesha by quoting “*Samyaka Prayoga Nimitta Hi Sarvakarmanam*

Siddhiristha, Vyapat Cha Asamyaka Prayoga Nimitta”.[8] The success of all treatments depends upon proper administration and complications due to improper administration.

So proper selection of drugs plays an important role in achieving the utmost effect of therapy. *Acharya Vagbhatta* has explained more than 80 drugs for *Vamana Karma*. Among them some formulations are used for *Sadhyovamana* purpose, some are explained for *Mridu Vamana*, for *Madhyama Vamana* and some are explained for *Tikshna Vamana* purpose. The drugs will be selected based on *Dosha Avastha*, *Rogi Bala*, *Roga Bala* etc. The above mentioned drugs are employed in some specific conditions for the diseases which are

originated by *Kapha Dosha*, specific drugs for skin manifestations etc.

In *Raktapitta Chikitsa*, *Acharya Vagbhatta* has advised *Vamana* for *Adhogata Raktapitta* with *Madanaphala* along with *Tarpana* drugs.^[9] In *Jirnajvaravastha*, when the *Dosha's* are *Amashaya Vamana* is advised with *Pippali* mixed *Lavanodaka* (salt water)^[10], as such we get many references of utilization of single medications in various conditions along with appropriate *Anupana's* in *Ashtanga Sangraha*.

Table 2: Drug description with part used, dosage, indications, availability and use in practice

SL.No	Name of the drug	Part used	Dose of <i>Kalpana</i>	Indications	Availability	Use in practice
1.	<i>Aragwadha</i>	<i>Moola</i>	-	-	Available	-
2.	<i>Arishta</i>	<i>Moola</i>	-	-	Available	-
3.	<i>Ashwagandha</i>	<i>Moola</i>	-	-	Available	-
4.	<i>Avartaki</i>	<i>Piccha manda prayah</i>	-	-	Available	-
5.	<i>Bhadraparni</i>	<i>Piccha manda prayah</i>	-	-	-	-
6.	<i>Bandhujivaka</i>	<i>Moola</i>	-	-	-	-
7.	<i>Bilwa</i>	<i>Moola</i>	-	-	Available	-
8.	<i>Bimbi</i>	<i>Moola</i>	-	-	Available	-
9.	<i>Chavika</i>	<i>Moola</i>	-	-	-	-
10.	<i>Chitra</i>	<i>Moola</i>	-	-	-	-

11.	<i>Chitraka</i>	<i>Moola</i>	-	-	Available	-
12.	<i>Daruharidra</i>	<i>Sara</i>	-	-	Available	-
13.	<i>Dhamargava</i>	<i>Phala</i> <i>Pushpa</i> <i>Patra</i>	-	Gara, Gulma, udara, Kasa, Kapha roga	Available	Common
14.	<i>Dhanvana</i>	<i>Piccha</i> <i>manda</i> <i>prayah</i>	-	-	-	-
15.	<i>Dwipi</i>	<i>Moola</i>	-	-	-	-
16.	<i>Ela</i>	<i>Phala</i>	-	-	Available	-
17.	<i>Gopa</i>	<i>Piccha</i> <i>manda</i> <i>prayah</i>	-	-	-	-
18.	<i>Guduchi</i>	<i>Kaanda</i>	-	-	Available	-
19.	<i>Harenu</i>	<i>Phala</i>	-	-	-	-
20.	<i>Haridra</i>	<i>Kanda</i>	-	-	Available	-
21.	<i>Hastiparni</i>	<i>Phala</i>	-	-	Available	-
22.	<i>Hribera</i>	<i>Moola</i>	-	-	-	-
23.	<i>Ikshu</i>	<i>Moola</i>	-	-	Available	Common
24.	<i>Ikshwaku</i>	<i>Phala</i> <i>Patra</i> <i>Pushpa</i>	-	Kasa, Shwasa, Jwara, Chardi, Sleshma roga	Available	Common
25.	<i>Jimutaka</i>	<i>Phala</i> <i>Patra</i> <i>Pushpa</i>	-	Jwara, Shwasa, Hikka,	Available	Common
26.	<i>Kalavrunta</i>	<i>Moola</i>	-	-	-	-
27.	<i>Karanja</i>	<i>Phala</i> <i>Patra</i> <i>Pushpa</i>	-	-	Available	-
28.	<i>Karbudara</i>	<i>Moola</i>	-	-	Available	-

29.	<i>Koshataki</i>	<i>Phala</i> <i>Patra</i> <i>Pushpa</i>	-	Gara, Udara roga, Gulma, Pliha roga, Pandu, Shwayatu	Available	-
30.	<i>Kovidara</i>	<i>Moola</i>	-	-	Available	-
31.	<i>Kshara</i>		-	-	Available	-
32.	<i>Kshudrasaha</i>	<i>Moola</i>	-	-	Available	-
33.	<i>Kustumburu</i>	<i>Phala</i>	-	-	Available	-
34.	<i>Kutaja</i>	<i>Phala</i>	-	-	Available	Common
35.	<i>Lavana</i>	-	-	-	Available	-
36.	<i>Madanaphala</i>	<i>Phala</i> <i>Patra</i> <i>Pushpa</i>	Antarnakhmus hti pramana	Sleshma jwara, Gulma, Pratishyaya, Ant ahvidradhi,	Easily available	Most Common
37.	<i>Madhu</i>	-	-	-	Available	-
38.	<i>Madhuka</i>	<i>Sara</i>	-	-	Available	-
39.	<i>Madhooka</i>	<i>Moola</i>	-	-	Available	-
40.	<i>Mahasaha</i>	<i>Moola</i>	-	-	Available	-
41.	<i>Murva</i>	<i>Moola</i>	-	-	Available	-
42.	<i>Nalad</i>	<i>Moola</i>	-	-	Available	-
43.	<i>Neepa</i>	<i>Moola</i>	-	-	Available	-
44.	<i>Patali</i>	<i>Moola</i>	-	-	Available	-
45.	<i>Patha</i>	<i>Moola</i>	-	-	Available	-
46.	<i>Phanita</i>	-	-	-	Available	-
47.	<i>Pippali</i>	<i>Phala</i>	-	-	Available	Common
48.	<i>Prapunnata</i>	<i>Phala</i>	-	-	-	-
49.	<i>Pratyekapushpi</i>	<i>Phala</i>	-	-	Available	-
50.	<i>Priyangu pushpa</i>	<i>Pushpa</i>	-	-	Available	-

51.	<i>Pruthvika</i>	<i>Phala</i>	-	-	-	-
52.	<i>Rajadana</i>	<i>Piccha manda prayah</i>	-	-	-	-
53.	<i>Rasanjana</i>	<i>Piccha manda prayah</i>	-	-	Available	-
54.	<i>Sadapushpi</i>	<i>Moola</i>	-	-	Available	-
55.	<i>Saptaparna</i>	<i>Moola</i>	-	-	Available	-
56.	<i>Sarshapa</i>	<i>Phala</i>	-	-	Available	-
57.	<i>Shalamali</i>	<i>Piccha manda prayah</i>	-	-	Available	-
58.	<i>Shanapushpi</i>	<i>Moola</i>	-	-	-	-
59.	<i>Shangerashti</i>	<i>Moola</i>	-	-	-	-
60.	<i>Sheluka</i>	<i>Piccha manda prayah</i>	-	-	-	-
61.	<i>Shigru</i>	<i>Moola</i>	-	-	Available	-
62.	<i>Shrunghatika</i>	<i>Piccha manda prayah</i>	-	-	-	-
63.	<i>Shrungavera</i>	<i>Kanda</i>	-	-	Available	-
64.	<i>Somavalka</i>	<i>Moola</i>	-	-	-	-
65.	<i>Sumanasa</i>	<i>Moola</i>	-	-	-	-
66.	<i>Sushvi</i>	<i>Moola</i>	-	-	-	-
67.	<i>Swadukantaka</i>	<i>Moola</i>	-	-	Available	-
68.	<i>Tagara</i>	<i>Moola</i>	-	-	Available	-
69.	<i>Talisa patra</i>	<i>Patra</i>	-	-	Available	-

70.	<i>Trapusa</i>	<i>Phala</i>	-	-	Available	-
71.	<i>Uddhalaka</i>	<i>Piccha manda prayah</i>	-	-	-	-
72.	<i>Upachitra</i>	<i>Piccha manda prayah</i>	-	-	-	-
73.	<i>Upodika</i>	<i>Piccha manda prayah</i>	-	-	-	-
74.	<i>Ushira</i>	<i>Moola</i>	-	-	Available	-
75.	<i>Vacha</i>	<i>Moola</i>	-	-	Available	Common
76.	<i>Vidanga</i>	<i>Phala</i>	-	-	Available	-
77.	<i>Vidula</i>	<i>Moola</i>	-	-	Available	-
78.	<i>Vishala</i>	<i>Moola</i>	-	-	Available	-
79.	<i>Vruchira</i>	<i>Moola</i>	-	-	Available	-
80.	<i>Yavani</i>	<i>Moola</i>	-	-	Available	-

After detailed review of the *Samhita* the part of
the drug used for *Vamana* procedure are

Moola- 39, *Sara*- 2, *Phala*- 16, *Pushpa*- 9, *Patra*- 7,
Picha Manda Prayah- 12, *Kaanda*-1 and *Kanda*- 2

Table 3. Description of formulations mentioned in *Kalpāsiddhi sthana* of *Ashtanga Sangraha Samhita*

Sl. No	<i>Kalpa</i>	<i>Madanphala</i>	<i>Jemutaka</i>	<i>Ikshwaku</i>	<i>Dhamargava</i>	<i>Krutavedhana</i>	<i>Kutaja</i>
1.	<i>Kashaya</i>	2	1	1	1	-	1
2.	<i>Choorna</i>	2	2	-	-	-	1
3.	<i>Ksheera</i>	1	1	5	-	-	-
4.	<i>Dadhi</i>	1	1	2	-	-	-
5.	<i>Ghruta</i>	-	1	-	-	-	-
6.	<i>Leha</i>	2	-	-	1	-	-
7.	<i>Ksheerasantan ika</i>	1	1	1	-	-	-
8.	<i>Kalka</i>	-	1	-	-	-	-
9.	<i>Dadhi sara</i>	-	1	2	-	-	-
10.	<i>Takra</i>	-	-	1	-	-	-

11.	<i>Mantha</i>	-	-	1	-	-	-
12.	<i>Swarasa</i>	-	1	-	-	-	-
13.	<i>Krishara</i>	-	-	-	-	-	1
14.	<i>Greya yoga</i>	1	-	-	-	-	-
15.	<i>Navanita</i>	6	-	-	-	-	-
16.	<i>Modaka</i>	1	-	-	-	-	-
17.	<i>Utkarika</i>	1	-	-	-	-	-
18.	<i>Shashkuli</i>	1	-	-	-	-	-
19.	<i>Yavagu</i>	1	-	-	-	-	-
20.	<i>Apup</i>	1	-	-	-	-	-
21.	<i>Annapana</i>	1	-	-	-	-	-
22.	<i>Peya</i>	-	1	1	-	-	-
23.	<i>Sura</i>	-	1	1	-	-	-
24.	<i>Palala</i>	-	-	1	-	-	-
25.	<i>Taila</i>	-	-	1	-	-	-
26.	<i>Mamsa rasa</i>	-	-	1	-	-	-
	Total	22	12	18	2	-	3

CONCLUSION:

In this article, for the first time a comprehensive scientific review was done to compile eighty *Vamana* and *Vamanopaga Dravyas* from *Ashtanga Sangraha* and critically analysed the various aspects related to the botanical identification, part used, current availability, indications, current use in practice etc., Suitable classical *Vamana Dravyas* can be chosen and will be used according to medical condition of the patient, severity of disease and accordingly need to achieve better efficacy with or without minimal side effects or complications.

Here, we concluded that the most common drugs used in today's practice are *Madanaphala*, *Kutajaphala*, *Vacha*,

Dhamargava etc. drugs. The best choice of drug will maximise the benefit and relive the disease easily.

Future Scope: The current work is planned based on assortment of dissipated *Vamana* drugs in *Ashtanga Sangraha*. In future, a definite pharmacodynamics investigation of above gathered medications should be possible, distinctive clinical exploration plans can be proposed to comprehend the remedial activity of each medication.

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