



A CONCEPTUAL STUDY TO REVIEW THE VISHAGHNA PROPERTIES OF APARAJITA (*CLITORIA TERNATEA* LINN.) FROM NIGHANTU'S

Ritu¹, Kulbhushan², Dushyant Singh³, Arun Kumar⁴

1. Assistant Professor in the Department of *Dravyaguna Vigyana*, at DBACH, Mandi Gobindgarh, Punjab.
2. Professor in the Department of *Swathvritta*, at DBACH, Mandi Gobindgarh, Punjab.
3. P.G. Scholar, Department of *Dravyaguna Vigyana*, at Shri Krishna Govt. Ayurvedic College & Hospital, Kurkshetra, Haryana.
4. B.A.M.S. Student, 2nd year, DBACH, Mandi Gobindgarh, Punjab.

Corresponding Author: drtsingh@gmail.com

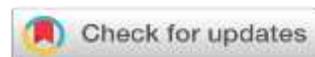
<https://doi.org/10.46607/iamj2210102022>

(Published Online: October 2022)

Open Access

© International Ayurvedic Medical Journal, India 2022

Article Received: 08/09/2022 - Peer Reviewed: 30/09/2022 - Accepted for Publication: 18/10/2022



ABSTRACT

Nighantus is the door to the proper understanding of the hidden treasure of *Ayurveda*. They contain knowledge about all the *Ayurvedic* herbo-mineral drugs and elaborate on them in an easy manner. *Aparajita* (*Clitoria ternatea* Linn.) is a drug known for the treatment of many diseases, especially it is useful in digestion and it is *Sheet Virya Pradhana* (having cold potency). Here, we compile the data related to *Vishaghna* properties of *Aparajita* as per different *Nighantu*.

Keywords: *Ayurveda*, *Nighantu*, *Aparajita*, *Visha*, *Vishaghna*, *Amavisha*, etc.

INTRODUCTION

Nighantus is the door to understanding the hidden treasure of *Ayurveda*. They contain knowledge about all the *Ayurvedic* herbo-mineral drugs and elaborate on them in an easy manner. There are several

Nighantu who is holding *Ayurvedic* knowledge for years. *Dhanwantri Nighantu*¹, *Bhavprakasha Nighantu*², *Raja Nighantu*³, *Kaidev Nighantu*⁴, etc. are some most known among them. Every *Nighantu*

has specific properties some contain data related to the therapeutic efficacy/use of different Ayurvedic herbo-mineral drugs, some have the knowledge of the complete drug starting from its name and remedies. Some compiled the other data and elaborated the difficult words in the simplest form. Some give knowledge about the way of life healthy and healthy. One thing common in all the Nighantu is they are disciplined manner having different types of Varga's (groups) of drugs according to their origin/features/shape/size etc. Overall, these Nighantu's having a vast knowledge ocean from which one drop can be beneficial for a research

scholar. *Aparajita* (*Clitoria ternatea* Linn.)⁵ is a drug known for the treatment of many diseases, especially because it is useful in digestion⁶ while it is *Sheet Virya Pradhana* (having cold potency)⁷. It is a creeper and is available almost in every part of India. *Aparajita* (*Clitoria ternatea* Linn.) is having properties like *Tridoshghna*⁸- *Pandhurogahara*⁹-*Amanashaka*¹⁰-*Sarpvishaghana*¹¹-*Vishaghna*¹² etc. *Rishbhakadi Agad*¹³-*Parmagad*¹⁴-*Amritghrit*¹⁵ etc. are some preparations in which *Aparajita* (*Clitoria ternatea* Linn.) is used. Here, we compile the data related to *Vishaghna* properties of *Aparajita* as per different Nighantu.

Table 01: Classical categorization of *Aparajita* (*Clitoria ternatea* Linn.)

S. No.	Classical text	Gana & Varga
1.	<i>Bhavaprakash Nighantu</i> ¹⁶	<i>Guduchyadi Varga</i>
2.	<i>Priya Nighantu</i> ¹⁷	<i>Pipalyadi Varga</i>
3.	<i>Madanpala Nighantu</i> ¹⁸	<i>Abhayadi Varga</i>
4.	<i>Adarsha Nighantu</i> ¹⁹	<i>Plashadi Varga</i>
5.	<i>Kaidev Nighantu</i> ²⁰	<i>Aushadhi Varga</i>
6.	<i>Dhanwantri Nighantu</i> ²¹	<i>Karveeradi Varga</i>
7.	<i>Dravyaguna Hastamalka</i> ²²	<i>Aparajita Kula</i>

Table 02: Vernacular Names of *Aparajita* (*Clitoria ternatea* Linn.)²³

S. N.	Language	Names
1.	<i>Sanskrit</i>	<i>Aparajita, Gokarnika, Aasphota, Girikarnika, Ashwakhura, Aardrakarni, Katabhi, Dadhipushpika, Gardabhi, Shitapushpi, Shwetaspanda, Shwetabhadra, Supushpi, Vishahantri, Naagparayaykarni, Shwetapushpi, Shweta, Gajkarnika, Shwetanama, Shjwetaswanna, Abheda, Sheeta, Mohanashini, Vishnukranta, Vaajikhura.</i>
2.	<i>Hindi</i>	<i>Aparajita</i>
3.	<i>Bengali</i>	<i>Aparajita</i>
4.	<i>Gujrati</i>	<i>Kaaligarani, Kaalikoyal</i>
5.	<i>Tamil</i>	<i>Kaakkanam</i>
6.	<i>Telgue</i>	<i>Dinten</i>
7.	<i>Kannad</i>	<i>Shankhapushpa</i>
8.	<i>Marathi</i>	<i>Gokarna</i>
9.	<i>Malyalam</i>	<i>Shankapushpm</i>
10.	<i>English</i> ²⁴	<i>Winged-Leaved Clitoria</i>

Table 03: Synonyms of *Aparajita* (*Clitoria ternatea* Linn.) in Different Classical texts

S. N.	Synonyms	P. N ²⁵	M.P. N ²⁶	S.W. N ²⁷	K. N ²⁸	D.N ²⁹
1.	<i>Girikarnika</i>	+	+	+	-	+
2.	<i>Kokila</i>	+	-	-	-	-
3.	<i>Ashwakhura</i>	-	+	+	+	+
4.	<i>Aparajita</i>	-	+	+	+	+
5.	<i>Valli</i>	-	+	-	+	+
6.	<i>Katavi</i>	-	+	+	-	+
7.	<i>Swet Pushpi</i>	-	+	-	+	-
8.	<i>Mahasweta</i>	-	+	-	+	-
9.	<i>Vishaghni</i>	-	+	+	+	-
10.	<i>Gardabhi</i>	-	-	+	-	-
11.	<i>Sweta</i>	-	-	+	-	+
12.	<i>Janika</i>	-	-	+	-	-
13.	<i>Gwadani</i>	-	-	-	+	+
14.	<i>Neelpushpi</i>	-	+	-	+	+
15.	<i>Ugandha</i>	-	+	-	-	-
16.	<i>Mahaneelasyanda</i>	-	+	-	-	-
17.	<i>Vashika</i>	-	-	-	+	-
18.	<i>Papini</i>	-	+	-	+	-
19.	<i>Swetsyanda</i>	-	-	-	+	+

Table 04: Action & uses of *Aparajita* (*Clitoria ternatea* Linn.) in Different Classical texts

S. N.	Classical text	Action & uses
1.	<i>Bhavaprakash Nighantu</i> ³⁰	<i>Mutral, Vednasthapana, Vamankaraka, Udarshulkarana, Virechanakaraka, Mutrajanan, UdarRoga-Kaphavikara-Mutravikara-Galgand-Gandmala-Shotha-Apachi-Netraroga-Unmad-Amavata-Kushtha-Vishanashaka.</i>
2.	<i>Priya Nighantu</i> ³¹	<i>Vishaghna-Medhya-Kanthya-Chakshushya-Shulhara-Amapachana.</i>
3.	<i>Madanpala Nighantu</i> ³²	<i>Medhya, Amapachana, Jwarghna, Vishaghna, Kushthagha, Kasaghna, Grahbhuthara, Kandughna, Kanthya, Shulhara, Shothahara, Shirovirechana, Unmad, Tridoshajrogahara, Dantshulhara, Grabhstrav-pata,</i>
4.	<i>Dhanwantri Nighantu</i> ³³	<i>Vishaghna, Tridoshshyamaka, Netrahitkari, Kushthagha, Rujahara, Grahghni, Kanthya, Shula-Kushtha-Ama-Vrana-Shopha-Nashaka.</i>
5.	<i>Dravyaguna Has-tamalka</i> ³⁴	<i>Ardhvbhedhaka, Karnmulagranthishothahara, Galgandhara, Sandhivatahara, Jalodara, Shukramehahara, Sarpvishahara, Amavatahara, Kushthagha.</i>

Table 05: *Rasapanchaka* of *Aparajita* (*Clitoria ternatea* Linn.) in Different Classical texts

S. N.	Classical texts	Rasa	Guna	Virya	Vipaka	Dosha-Karma
1.	<i>Dhanwantari Nighantu</i> ³⁵	<i>Tikta</i>	-	-	-	<i>Pittashamaka</i>
2.	<i>Priya Nighantu</i> ³⁶	<i>Tikta, Katu</i>	-	<i>Sheeta</i>	-	<i>Vishaghna, Medhya</i>
3.	<i>Nighantu Adarsha</i> ³⁷	<i>Tikta</i>	-	<i>Sheeta</i>	<i>Katu</i>	<i>Tridoshaghnta</i>
4.	<i>Madanpala Nighantu</i> ³⁸	<i>Katu, Tikta, Kashaya</i>	<i>Laghu, Ruksha</i>	<i>Sheeta</i>	<i>Katu</i>	<i>Tridoshshamak</i>
5.	<i>Dravyaguna Has-tamalka</i> ³⁹	<i>Kashaya, Tikta</i>	<i>Laghu, Ruksha</i>	<i>Sheeta</i>	-	<i>Aampachan, Vishaghna, Sarpvishahara</i>
6.	<i>Kaidaeve Nighantu</i> ⁴⁰	<i>Tikta</i>	-	<i>Sheeta</i>	-	<i>Aamnashak, Vishnashak, Tridoshshamak</i>

Table 06: Taxonomical classification of *Aparajita* (*Clitoria ternatea* Linn.)⁴¹

S. N.	Taxonomical Classification	
1.	Kingdom	Plantae
2.	Clade	Angiosperm
3.	Order	Fabales
4.	Family	Fabaceae
5.	Genus	Clitoria
6.	Species	<i>Clitoria ternatea</i>

Table 07: Botanical Description of Different varieties of *Aparajita* (*Clitoria ternatea* Linn.)

S. N.	Botanical de- scription	<i>Sweta Aparajita</i> ⁴²	<i>Neel Aparajita</i> ⁴³
1.	Habit	It is a perennial herbaceous plant.	<ul style="list-style-type: none"> • It assembles the same features of <i>Sweta Aparajita</i> (<i>Clitoria ternatea</i> Linn.) but the only difference is its flower color. • It is of cold potency and bitter in <i>Rasa</i>. • It is useful in dysentery with blood, fever, burning syndrome, vomiting, insanity, intoxication, vertigo, distress, asthma, and severe cough. • Southern <i>Vaidyas</i> accept <i>Aparajita</i> as <i>Shankhapushpi</i>, only on the basis of its flower resembling a Conch.
2.	Stem	It grows as a vine or creeper, doing well in moist, neutral soil.	
3.	Leaves	Elliptic, obtuse leaves	
4.	Flowers	They are about 4 cm (1+1/2 in) long by 3 cm (1+1/4 in) wide white flowers.	
5.	Fruits	The fruits are 5–7 cm (2–2+3/4 in) long, flat pods with six to ten seeds in each pod. They are edible when tender.	
6.	Seeds	Its pods have six to ten seeds in each pod. They are edible when tender.	
7.	Root	As a legume, its roots form a symbiotic association with soil bacteria known as rhizobia, which transform atmospheric N ₂ into a plant-usable form (a process called nitrogen-fixing), therefore, this plant is also used to improve soil quality through the decomposition of nitrogen-rich plant material.	
8.	Distribution	It is grown as an ornamental plant and as a revegetation species (e.g., in coal mines in Australia), requiring little care when cultivated. The distribution of all other taxa in subgenus <i>Clitoria</i> is restricted to Southern and Eastern Africa, India, Madagascar, and other islands of the Western Indian Ocean	
9.	Image		

Therapeutic uses of *Aparajita* (*Clitoria ternatea* Linn.)

1. *Jalodara* – It can be used for *Virechana Karma* in *Jalodara* (Ascites)⁴⁴.
2. *Mutrakricha* – Its root Phant (steeped decoction) is beneficial⁴⁵.
3. *Swasa-Kasa* – Roasted seed with *Gurr* (jiggery) and *Sandhav* (rock salt) is beneficial in children⁴⁶.
4. *Sarp Visha* (Snake poison)⁴⁷ –
 - *Aparajita* is beneficial in *Dravikara Sarp Visha*.
 - *Aparajita* root bark and *Nirgundi* root bark powder in equal amounts are beneficial in *Dravikara Sarp Visha*.

5. *Kamla* – Its root bark powder is beneficial with butter milk⁴⁸.
6. *Andvridhi* – Its seed paste is beneficial in testicle inflammation⁴⁹.
7. *Grabhapatavrodhaka* – *Sweta Aparajita* root bark is beneficial in abortion when used with milk. It can control abortion⁵⁰.
8. *Grabhasthapanarth* – Pregnant women are advised to tie *Sweta Girikarnika Mula* (root) on their pelvic area⁵¹.
9. *Vajikaranartha* - *Swet Girikarnika Patra* (leaves) advised with milk in the early morning⁵².
10. *Fish Poison* – The equal quantity of powder of *Sweta Aparajita Mula* (root), *Shonth*, *Pippal*, and *Marica* is mixed with *Ghrita* according to the total weight of the powder of all drugs. The mix together make a paste. Apply this paste on bite spot⁵³.

Useful Part *Aparajita* (*Clitoria ternatea* Linn.)⁵⁴

- *Pushpa* (Flowers)
- *Patra* (leaves)
- *Moola Twak* (root bark)
- *Beej* (seeds)

Dosage *Aparajita* (*Clitoria ternatea* Linn.)⁵⁵

- *Moola Twak* – 1-3 Masha
- *Beejchurna* – 10-20 Ratti
- *Beejchurna* – 1-2 Ratti (in children)

DISCUSSION

Aparajita is a beautiful plant that can grow as an ornamental plant having medicinal value. According to Ayurvedic classical texts, *Aparajita* is having properties like *Tridoshshamaka*⁵⁶, *Aampachana*⁵⁷, *Vishaghna*, especially *Sarpvishahara*⁵⁸. The best description of *Visha* is mentioned in *Agad Tantra*⁵⁹, but the *Dravyaguna Vigyana*⁶⁰ is having deep knowledge about each and every *Dravya* of this earth or universe. Broadly *Visha* is divided into three⁶¹ categories – *Jangam-Sathavara-Kritrum Visha*. *Acharya Charaka*

also mentioned one more category of *Visha* i.e., *Garvisha* which originate from incompatible combinations of food. The *Garvisha*⁶² is of two types – first in which all the food items are nonpoisonous but incompatible by nature like the intake of milk with raw fish; in the second one there is a combination of poisonous food and nonpoisonous food like snake poison mixed in the pudding. The common properties of *Visha* are *Vayay-Vikashi-Suksham-Chedi-Madkari-Aagney-Yogvahi*⁶³ etc. *Aparajita*⁶⁴ is having properties like *Katu-Tikta-Kashaya-Rasa*, *Laghu-Ruksha-Guna*, *Sheeta-Virya*, *Katu-Vipaka*, and *Tridoshshamaka*. Most of *Acharya* discussed its *Vishshamaka*⁶⁵ properties, and some of them clearly mentioned that it works in *Sarpavisha*⁶⁶. As *Aparajita* all the properties are opposite to the properties of *Visha*. According to *Samanya-Vishesh Siddhanta*⁶⁷, we can say that opposite properties of *Aparajita* can be responsible for its *Vishghna* effect. If observe closely the *Visha* is *Agni Mahabhuta Prathana*. The *Katu-Tikta-Kashaya-Rasa* of *Aparajita* is having *Akasha-Vayu-Pridhvi Mahabhuta Prathana* which indicated that it could suppress the *Agni Guna* of *Visha*. The *Laghu-Ruksha-Guna* of *Aparajita* is having *Vayu Mahabhuta Prathana* which indicated that it again could suppress the *Agni Guna* of *Visha*. The *Sheeta-Virya* of *Aparajita* is having *Vayu-Jal-Pridhvi Mahabhuta Prathana* which indicated that it can again suppress the *Agni Guna* of *Visha*. After observing the conceptual data related to *Visha* and *Aparajita*, we can say that *Aparajita* is capable to treat *Vish*-related problems. It can be perfectly proven with help of experimental and clinical studies.

CONCLUSION

As above said *Aparajita* is capable to treat *Vish*-related problems or having *Vishaghna* properties conceptually. Further, research must be conducted on this valuable plant so that an old theory will be established on modern parameters.

REFERENCES

1. Dhanwantri Nighantu edited by Prof. Priya Vrat Sharma, translated by Dr. guru Prasad Sharma, Karveeradi

- Varga reprint edition 2020, Chaukhamba orientalia, Varanasi, p-135.
2. Bhavprakash Nighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishnachand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-342.
 3. Raja Nighantu Shri Narhari Pandit by Dr. Satish Chandra Sankhyadhar, compiled and completed by Dr. Deepika sankhyadhar forwarded by Prof. K.C. Chunekar, reprint edition 2017, Chaukhamba orientalia, Varanasi, p-60.
 4. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhamba orientalia, Varanasi, p-199.
 5. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhamba orientalia, Varanasi, p-199.
 6. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhamba Surbharati Prakashan, Varanasi, p-66.
 7. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhamba Surbharati Prakashan, Varanasi, p-66.
 8. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhamba Bharti Academy, Varanasi, p-370.
 9. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, along with author Hindi commentary entitled 'Vidhyotini', of Vaqidy7a Samrat Shri Satyanarayana Shastri Padambhushana, commentatery by Pt. Kasinath Pandeyand Dr. Gorakhnath Chaturvedi, edited by Pt. Gangasahaya Pandey, Uttaradha, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhamba Bharati Academy, Varanasi, p-577.
 10. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhamba orientalia, Varanasi, p-199.
 11. Dravyaguna Hastamalak, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-271.
 12. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhamba Surbharati Prakashan, Varanasi, p-66.
 13. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, along with author Hindi commentary entitled 'Vidhyotini', of Vaqidy7a Samrat Shri Satyanarayana Shastri Padambhushana, commentatery by Pt. Kasinath Pandeyand Dr. Gorakhnath Chaturvedi, edited by Pt. Gangasahaya Pandey, Uttaradha, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhamba Bharati Academy, Varanasi, p-579.
 14. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, along with author Hindi commentary entitled 'Vidhyotini', of Vaqidy7a Samrat Shri Satyanarayana Shastri Padambhushana, commentatery by Pt. Kasinath Pandeyand Dr. Gorakhnath Chaturvedi, edited by Pt. Gangasahaya Pandey, Uttaradha, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhamba Bharati Academy, Varanasi, p-579.
 15. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, along with author Hindi commentary entitled 'Vidhyotini', of Vaqidy7a Samrat Shri Satyanarayana Shastri Padambhushana, commentatery by Pt. Kasinath Pandeyand Dr. Gorakhnath Chaturvedi, edited by Pt. Gangasahaya Pandey, Uttaradha, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhamba Bharati Academy, Varanasi, p-577.
 16. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishnachand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-342.
 17. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhamba Surbharati Prakashan, Varanasi, p-66.
 18. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhamba orientalia, Varanasi, p-194.
 19. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhamba Bharti Academy, Varanasi, p-370.
 20. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhamba orientalia, Varanasi, p-199.
 21. Dhanwantri Nighantu edited by Prof. Priya Vrat Sharma, translated by Dr. guru Prasad Sharma, Karveeradi Varga reprint edition 2020, Chaukhamba orientalia, Varanasi, p-135.
 22. Dravyaguna Hastamalak, Arka Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-
 23. <https://www.ayurlog.com/index.php/ayurlog/article/view/220>
 24. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishnachand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-342.
 25. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhamba Surbharati Prakashan, Varanasi, p-66.

26. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-195.
27. Saraswat Nighantu was originally edited by late Vd. J.P. Jayatilaka in 1918, further edited with notes and discussions by Dr. S.D. Kamat, Chaukhambha Sanskrit Pratishthana, Delhi, p-70.
28. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhambha orientalia, Varanasi, p-199.
29. Dhanwantri Nighantu edited by Prof. Priya Vrat Sharma, translated by Dr. guru Prasad Sharma, Karveeradi Varga reprint edition 2020, Chaukhambha orientalia, Varanasi, p-135.
30. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishna-chand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-343.
31. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhambha Surbharati Prakashan, Varanasi, p-66.
32. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-196.
33. Dhanwantri Nighantu edited by Prof. Priya Vrat Sharma, translated by Dr. guru Prasad Sharma, Karveeradi Varga reprint edition 2020, Chaukhambha orientalia, Varanasi, p-135.
34. Dravyaguna Hastamalaka, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-272.
35. Dhanwantri Nighantu edited by Prof. Priya Vrat Sharma, translated by Dr. guru Prasad Sharma, Karveeradi Varga reprint edition 2020, Chaukhambha orientalia, Varanasi, p-135.
36. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pipliyadi Varga Chaukhambha Surbharati Prakashan, Varanasi, p-66.
37. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhambha Bharti Academy, Varanasi, p-370.
38. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-196.
39. Dravyaguna Hastamalaka, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-272.
40. Kaidev Nighantu edited and translated by Prof. Priya Vrat Sharma and Dr. Guru Prasad Sharma, Aushadhi Varga, reprint edition 2019, Chaukhambha orientalia, Varanasi, p-199.
41. https://en.wikipedia.org/wiki/Clitoria_ternatea
42. <https://www.frontiersin.org/articles/10.3389/fpls.2019.00645/full>
43. Raja Nighantu Shri Narhari Pandit by Dr. Satish Chandra Sankhyadhar, compiled and completed by Dr. Deepika sankhyadhar forwarded by Prof. K.C. Chuneekar, reprint edition 2017, Chaukhambha orientalia, Varanasi, p-60,75,211,346.
44. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishna-chand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-343.
45. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishna-chand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-343.
46. BhavprakashNighantu, Guduchiyadi Varga, editor GangaShaye Pandey; commentary by Dr. Krishna-chand Chunekar, reprint edition 2004; Chaukhamba Bharati Academy, Varanasi, p-343.
47. Vanoshadhi Chandrolya, by Shri Chandraraja Bhandari 'Visharada', Chaukhambha Sanskrit-sansthana, Varanasi, p-44.
48. Vanoshadhi Chandrolya, by Shri Chandraraja Bhandari 'Visharada', Chaukhambha Sanskrit-sansthana, Varanasi, p-44.
49. Vanoshadhi Chandrolya, by Shri Chandraraja Bhandari 'Visharada', Chaukhambha Sanskrit-sansthana, Varanasi, p-44.
50. Vanoshadhi Chandrolya, by Shri Chandraraja Bhandari 'Visharada', Chaukhambha Sanskrit-sansthana, Varanasi, p-44.
51. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhambha Bharti Academy, Varanasi, p-372.
52. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhambha Bharti Academy, Varanasi, p-373.
53. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, along with author Hindi commentary entitled 'Vidhyotini', of Vaqidy7a Samrat Shri Satyanarayana Shastri Padambhushana, commentatery by Pt. Kasinath Pandeyand Dr. Gorakhnath Chaturvedi, edited by Pt. Gangasahaya Pandey, Uttaradha, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhamba Bharati Academy, Varanasi, p-605.
54. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-196.

55. Nighantu Adarsha, Plashadi Varga, by Bapalal G. Vaidya, Edition 1985, Chaukhambha Bharti Academy, Varanasi, p-370.
56. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-196.
57. Dravyaguna Hastamalak, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-272.
58. Dravyaguna Hastamalak, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-272.
59. <https://www.ayurlog.com/index.php/ayurlog/article/view/220>
60. Dravyaguna Adarsha, a textbook of Dravyaguna Vigyana by Dr. Naresh Bhargav, First Part, edition 2018, Chaukhambha Orientalia, Delhi, p-1.
61. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, edited with 'Charaka-Chandrika' Hindi commentary along with special deliberation & appendices, etc. by Dr. Brahmanand Tripathi forwarded by Dr. Prabhakar Janardan Deshpande, Uttarakhand, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhambha Surevharati Prakashan, Varanasi, p-746.
62. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, edited with 'Charaka-Chandrika' Hindi commentary along with special deliberation & appendices, etc. by Dr. Brahmanand Tripathi forwarded by
- Dr. Prabhakar Janardan Deshpande, Uttarakhand, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhambha Surevharati Prakashan, Varanasi, p-749.
63. Charaka Samhita of Agnivesha elaborated by Charaka & Dridbala, edited with 'Charaka-Chandrika' Hindi commentary along with special deliberation & appendices, etc. by Dr. Brahmanand Tripathi forwarded by Dr. Prabhakar Janardan Deshpande, Uttarakhand, Chikitsasthana, Chapter 23, reprint edition 2002, Chaukhambha Surevharati Prakashan, Varanasi, p-746.
64. Madanpalaa Nighantu, Abhyadi Varga, along with original Sanskrit Hindi commentary; by Prof. (Dr.) Gyanendra Pandey; reprint edition 2020; Chaukhambha orientalia, Varanasi, p-196.
65. Priya Nighantu along with author Hindi commentary entitled 'PADAMA', by Prof. Priya Vrat Sharma, Pippliadi Varga Chaukhambha Surbharati Prakashan, Varanasi, p-66.
66. Dravyaguna Hastamalak, Aparajitadi Kula, forwarded by Shri Vishanath Diwedi by Vaidya Banwari Lal Misra, edited by Vaidya Santosh Kumar Sharma "Khandal", revised edition 5th, Publication Scheme, Jaipur, p-272.
67. Charaka Samhita of Agnivesh revised by Charaka and Dridhbala, with an introduction by Vaidya Samrata Sri Satya Narayana Sastri 'Padmabhushana' with elaborated Vidyotini Hindi Commentary by Pt. Kasinath Sastri & Dr. Gorakha Nath Chaturvedi, Purvadhya, Sutrasasthana, reprint edition 2020, Chaukhambha Bharati Academy, Varanasi, p-14.

Source of Support: Nil

Conflict of Interest: None Declared

How to cite this URL: Ritu et al: A Conceptual Study to Review the Vishaghna Properties of Aparajita (Clitoria Ternatea Linn.) From Nighantu's. International Ayurvedic Medical Journal {online} 2022 {cited October 2022} Available from: http://www.iamj.in/posts/images/upload/2804_2811.pdf