An International Journal of Research in AYUSH and Allied Systems

Clinical Images

SHATAPONAK BHAGANDARA (FISTULA IN ANO WITH MULTIPLE OPENINGS)

*1Anantkumar Shekokar, 2Kanchan M Borkar

*¹Professor and H.O.D, ²Reader Dept. of Shalya Tantra, SVNHT'S Ayurved Mahavidyalaya, Rahuri Factory, Ahmednagar, Maharashtra, India.



Fig 1: Multiple Openings of Fistula-in-Ano

A 55 year old male attended the OPD of Shalya tantra department, S.V.N.H.T Ayurved College, Rahuri (Maharashtra) with the complaints of difficulty in sitting and walking due to severe pain, pus discharge, itching, intermittent bleeding and swelling in perianal region and on and off mild fever. On physical examination multiple external openings were found around the anus. On probing multiple openings were connected internally with external opening located at 60 clock position. Fistulogram was advised. Fistulogram revealed that low anal fistula with multiple openings. Finally patient was diagnosed as Shataponak Bhagandara[1] which correlates with fistula in Ano with multiple openings in modern surgical practice. After surgical profile of the patient; he had been posted for the Ayurvedic minimally invasive procedure i.e., Ksharasutra. Ksharsutra procedure was done under spinal anesthesia and subsequent change of the thread was done on weekly basis for 10 weeks. Brief description about the disease Bhagandara and Kshrasutra preparation and its application is also important.^[2] Studies also reported the comparative



Fig 2: Ksharasutra in situ

efficacy of the different kinds of *Ksharasutra*.^[3] *Ksharsutra* procedure not only prevents further complications of the condition but also cures the condition^[4].

REFERENCES

- Prof K.R.Murthy, Sushrut Samhita with Dalhan Commentary, Chaukhamba Orientalia, Varanasi Vol 1 1st Edition 2000, Nidansthan, Adhaya No 4, Sutra No 5, Page No 491.
- 2. Rakesh Kumar Meena, T. S. Dudhamal. Guggulu Based Kaharasutra in the Treatment of Bhagandara (Fistula-in-Ano): Case Report. AYUSHDHARA, 2014;1(1):17-20
- Shasamal Ajit Kumar, Singh Mahendra, Prusty Sangita, Singh Richa, Ranjan Rohit. Comparative Effect of Ksharasutra on Management of Bhagandara. Int. J. Ayur. Pharma Research 2014; 2 (1): 68-76
- 4. Kulwant Singh. Kshar Sutra Therapy in Fistula in Ano other Ano rectal disorders, R.A.V publications, New Delhi 1995,Page No 79.

Cite this article as:

Anantkumar Shekokar, Kanchan Borkar. Shataponak Bhagandara (Fistula in Ano with Multiple Openings). AYUSHDHARA, 2014;1(2):67. *Source of support: Nil, Conflict of interest: None Declared*

*Address for correspondence Dr Anantkumar Shekokar

Professor and H.O.D Dept. of Shalya Tantra S.V.N.H.T Ayurveda College Rahuri 413706 (Maharashtra), India. Email:

<u>dranantkumarshekokar@gmail.com</u>
Mob: +919860376534