

AN INDEX OF THE AVAILABLE MEDICINAL PLANTS, USED IN INDIAN SYSTEM OF MEDICINE FROM JAMMU AND KASHMIR STATE

T. N. SRIVASTAVA, S. RAJASEKHARAN, D. P. BADOLA & D. C. SHAH

Phytochemistry Lab., Goa College of Pharmacy, Panaji – Goa – 403 001, India.

Received: 30 December 1983

Accepted: 19 October, 1984

ABSTRACT: *The medicinal plants used in Indian system of medicine and its distribution in Jammu and Kashmir has been categorized systematically here. The paper deals with 246 medicinal plants and has to off-set an index which is not there so far.*

Out of 246 medicinal plants 12 plants are considered to be controversial. Substitutes, Adulterants of these plants which are being used in various parts of India were also recorded separately in this study.

INTRODUCTION

A part from the natural scienic beauty, fabulous gardens, meadows, motionless, mirrors like lakes, superb forests and healthy climate, highly rich herbal wealth of Jammu and Kashmir State of India was known to man from the time immemorial. Herbal wealth of this State has been recorded by many authors like Susruta (600 B. C), Charaka (200 B.C), Vagbhata (200 A. D),

BHavamisra (1550 A. D.), Dymok, W. C. J. H. Warden (1890), Hooker J. D. (1894), Kirtikar K. R. and B. D. Basu (1933), Nadkarani K. M. (1934), Chopra et al (1956), Dastur J. F. (1951), Singh, Balwant (1972), Sharma. P. V. (1976), Dey. A. C. (1980) and Bentley, R. and Henry Trimen (1980).

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
1	Adhaki	<i>Cajanus cajan</i> (Linn.) Druce	Fabaceae	Snake Poison, Piles Constipation
2	Agasti	<i>Sesbania grandiflora</i> (Linn.) Pers	Fabaceae	Intestinal Parasite, Sinusitis, Epilepsy, Anaemia, Rheumatoidarthritis / Gout
3	Agnimantha**	<i>Clerodendron phlomoides</i> Linn. f.	Verbenaceae	Anaemia, Inflammation, Allergy / Urticaria, Obesity

** Substitute / Adulterants – *Premna latifolia* Roxb, var. *mucronata* (Roxb). Clarke *P. integrifolia* Linn.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
4	Ahipena	<i>Papaver somniferum</i> Linn	Papaveraceae	Diarrhoea, Asthma, Fever, Cough
5	Ajagandha	<i>Cleome gynandra</i> Linn	Capparidaceae	Piles, Intestinal parasite, Ostalgia, Worms.
6	Aksoda	<i>Juglans regia</i> Linn	Juglandaceae	Intestinal parasite, Worms, Rheumatism.
7	Amalaki	<i>Emblica officinalis</i> Gaertn	Euphorbiaceae	Diabetes, Eye diseases, Tonic, Epistaxis, Anaemia, Allergy / Urticaria
8	Amlavetasa**	<i>Rheum emodi</i> Wall	Polygonaceae	Diarrhoea, Allergy / Urticaria, Diabetes, Enlargement of spleen, Piles
9	Amra	<i>Mangifera indica</i> Linn	Anacardiaceae	Diarrhoea, Vomiting, Diabetes, Uterine bleeding
10	Angira	<i>Ficus carica</i> Linn	Moraceae	Rheumatoid arthritis, Skin diseases, Jaundice, Anaemia, Constipation
11	Apamarga	<i>Achyranthes aspera</i> Linn.	Amaranthaceae	Heart diseases, Snake poison, Ascites, Uterine bleeding, piles
12	Aparajita	<i>Clitoria ternatea</i> Linn	Fabaceae	Snake poison, Urinary disorders, Constipation.
13	Aragwadh	<i>Cassia fistula</i> Linn.	Caesalpiniaceae	Skin diseases, Intestinal parasite, Heart diseases, Constipation, Jaundice, Scrofula, and Worms.
14	Arithamanjrie	<i>Acalypha indica</i> Linn	Euphorbiaceae	Bronchitis, Asthma, Intestinal parasite, Worms

** Substitute / Adulterants – *Rheum webbianum* Royle. *Rheum Spiciforme* Royle.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
15	Arjuna	<i>Terminalia arjuna</i> W. & A.	Combretaceae	Heart diseases, Chronic fever, Epistaxis.
16	Arka	<i>Calotropis procera</i> (Ait.) R. Br.	Asclepiadaceae	Skin diseases, Enlargement of spleen, Piles, Asthma, Dysentery.
17	Asvagandha	<i>Withania somnifera</i> (Linn.) Dual	Solanaceae	Tonic, Inflammation, Insomnia, Leucoderma.
18	Asvattha	<i>Ficus religiosa</i> Linn	Moraceae	Uterine tonic, Rheumatoid arthritis, Ulcer.
19	Atasi	<i>Linum usitatissimum</i> Linn	Linaceae	Rheumatism, Skin – diseases
20	Atibala	<i>Abutilon indicum</i> (Linn.) Sweet	Malvaceae	Neurological disorders, Epistaxis, Heart diseases.
21	Ativisa	<i>Aconitum heterophyllum</i> Wall ex. Royle	Ranunculaceae	Diarrhoea, Intestinal parasite, Ascites, Fever.
22	Atmagupta	<i>Mucuna pruriens</i> (L) Dc	Fabaceae	Tonic, Menstrual disorders, Neurological disorders
23	Avartani	<i>Helicteres isora</i> Linn.	Sterculiaceae	Diarrhoea, Intestinal parasite.
24	Babula	<i>Acacia nilotica</i> (L) Del. ssp. <i>Indica</i> (Benth) Brenan	Mimosaceae	Diabetes, Skin diseases, Intestinal parasite, Leucorrhoea.
25	Badri	<i>Zizyphus mauritiana</i> Lamk	Rhamnaceae	Fever, Ulcer, Diarrhoea.
26	Bakuchi	<i>Psoralea corylifolia</i> Linn.	Fabaceae	Leucoderma, Psoriasis, Leprosy, Asthma, Anaemia
27	Bala	<i>Sida cordifolia</i> Linn.	Malvaceae	Paralysis, Epitaxis, Tonic, Neurological disorders.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
28	Barbari	<i>Ocimum basilicum</i> Linn	Lamiaceae	Cardiac – Tonic, Antipoisonous, Intestinal parasite, Tuberculosis, Worms
29	Bhringaraj	<i>Eclipta prostrata</i> (Linn.)	Asteraceae	Hair tonic, Intestinal parasite, Tuberculosis, Worms.
30	Bhumyaamalki	<i>Phyllanthus niruri</i> Linn.	Euphorbiaceae	Jaundice, Skin diseases, Menstrual disorders, Anaemia
31	Bhujapatra	<i>Betula utilis</i> D. Don	Betulaceae	Anti – poisonous, Obesity Grahabadha (Diseases, Occuring due to evil spirit)
32	Bibhitaka	<i>Terminalia bellerica</i> Roxb	Combretaceae	Intestinal parasite, Worms, Eye diseases, Hair tonic, Piles, Bronchitis.
33	Bijapura	<i>Citrus medica</i> Linn.	Rutaceae	Cardiac tonic, Asthma, Brain tonic, Piles.
34	Bilva	<i>Aegle marmelos</i> Corr.	Rutaceae	Diarrhoea, Dysentery, Emesis, Insomnia.
35	Bimbi	<i>Coccinia grandis</i> (L.) Voigt.	Cucurbitaceae	Diabetes, Stomatitis, Dyspnoea, Cough, Jaundice.
36	Brahmi	<i>Bacopa monnieri</i> (L.) Pennell	Scrophulariaceae	Cardiac tonic, Brain tonic, Skin diseases, Nervous disorders.
37	Chakramarda	<i>Cassia tora</i> Linn.	Caesalpiniaceae	Psoriasis, Asthma, Intestinal parasite, Skin diseases, Worms
38	Chashushya	<i>Cassia absus</i> Linn.	Caesalpiniaceae	Eye diseases, Anti poisonous, Ulcer, Allergy / Urticaria, Piles.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
39	Champaka	<i>Michelia champaca</i> Linn.	Magnoliaceae	Anti – poisonous, Intestinal parasite, Skin diseases, Ulcer, Urinary disorders, Worms
40	Chanaka	<i>Cicer arietinum</i> Linn.	Fabaceae	Snake bite, Constipation, Dyspepsia.
41	Chandrasur	<i>Lepidium sativum</i> Linn.	Brassicaceae	Diarrhoea, Uterine tonic, Hiccough.
42	Chargerī	<i>Oxalis corniculata</i> Linn	Oxalidaceae	Chronic diarrhoea, Chronic dysentery, Piles, Skin diseases, Dyspepsia.
43	Chincha	<i>Tamarindus indica</i> Linn.	Caesalpiniaceae	Laxative, Carminative, Nervous disorders.
44	Chirivillwa	<i>Holoptelea integrifolia</i> (Roxb.) Planch	Ulmaceae	Emesis, Piles, Intestinal parasite, Skin diseases, Diabetes.
45	Chitraka	<i>Plumbago zeylanica</i> Linn.	Plumbaginaceae	Skin diseases, Intestinal parasite, Piles, Anaemia, Cancer, Leucoderma.
46	Choraka	<i>Angelica glauca</i> Edgew.	Apiaceae	Leprosy, Ulcer, Intestinal parasite, Mental disorders.
47	Chouhar	<i>Artemisia maritima</i> Linn.	Asteraceae	Anti – poisonous, Intestinal parasite, Worms.
48	Chukrika	<i>Rumex vesicarius</i> Linn.	Polygonaceae	Snake – bite, Urinary disorders, Dysentery.
49	Dadima	<i>Punica granatum</i> Linn.	Punicaceae	Cardiac tonic, Brain tonic, Rheumatoid arthritis, Peptic ulcer, Intestinal colic.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
50	Damar	<i>Artemisia absinthium</i> Linn.	Asteraceae	Fever, Epilepsy, Enlargement of Liver and spleen, Urinary disorders
51	Danti	<i>Baliospermum montanum</i> Mueelarg	Euphorbiaceae	Piles, Skin diseases, Intestinal parasite, Ulcer Worms.
52	Daruharidra **	<i>Berberis aristata</i> DC.	Berberidaceae	Ulcer, Diabetes, Eye diseases, Skin diseases.
53	Devadaru	<i>Cedrus deodara</i> (Roxb.) Loud	Pinaceae	Fever, Diabetes, Intestinal parasite, Sinusitis.
54	Devadali	<i>Luffa echinata</i> Roxb	Cucurbitaceae	Fever. Asthma, Anaemia, Jaundice, Anti poisonous.
55	Dhnyaka	<i>Coriandrum sativum</i> Linn.	Apiaceae	Urinary disorders, Fever Piles; Intestinal parasite, Cardiac tonic, Worms.
56	Dhataki	<i>Woodfordia fruticosa</i> Kurz	Lythraceae	Diarrhoea, Dysentery, Intestinal parasite, Skin diseases, Ulcer, Epistaxis, Worms.
57	Dhava	<i>Anogeissus latifolia</i> (D. C.) Wall. Ex Bedd	Combretaceae	Piles, Diabetes, Anaemia
58	Dhuttura*	<i>Datura metel</i> Linn	Solanaceae	Ulcer, Skin diseases, Fever, Asthma.
59	Draksa	<i>Vitis vinifera</i> Linn.	Vitaceae	Fever, Asthma, Epistaxis Tonic, Jaundice
60	Dronpuspi	<i>Leucas cephalotes</i> Spreng	Lamiaceae	Jaundice, Fever, Intermittent fever / Malaria

** Substitutue / Adultarants – *Berberis lysium* Royle

* Substitutue / Adultarants – *Datura innoxia* Mill. *D. Stramonium* Linn

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
61	Dugdhapheni	<i>Taraxacum officinale</i> Weber.	Asteraceae	Anti-poisonous, Ulcer. Intestinal parasite, Worms, Bronchitis
62	Dugdhika	<i>Euphorbia hirta</i> Linn	Euphorbiaceae	Asthma
63	Durva	<i>Cynodon dactylon</i> (L) Pers	Gramineae	Epistaxis, Coma, Uterinetonic
64	Elavaluka	<i>Prunus avium</i> Linn.	Rosaceae	Tonic, Skin diseases, Emesis, Intestinal parasite, Urinary disorders, Worms.
65	Eranda	<i>Ricinus communis</i> Linn.	Euphorbiaceae	Nervous disorders, Rheumatoid arthritis, Intestinal parasite, Urinary disorders, Piles, Enlargement of Liver and Spleen, Worms
66	Gambhari	<i>Gmelina arborea</i> Linn.	Verbenaceae	
67	Godhuma	<i>Triticum aestivum</i> Linn.	Gramineae	Tonic, General debility.
68	Gojihva**	<i>Onosma bracteatum</i> Wall.	Boraginaceae	Urinary disorders, Bronchitis Fever, Dyspnoea.
69	Gokshura	<i>Tribulus terrestris</i> Linn	Zygophyllaceae	Urinary disorders, Tonic Calculus, Diabetes, Piles, Heart diseases.
70	Guduchi	<i>Tinospora cordifolia</i> (Willd.) Miers.	Menispermaceae	Diabetes, Rheumatoid arthritis, Jaundice, Fever, Anti – poisonous, Skin diseases.
71	Gundra	<i>Typha elephantiana</i> Roxb.	Typhaceae	Wounds, Urinary disorders
72	Gunja	<i>Abrus precatorius</i> Linn.	Fabaceae	Leprosy, Skin diseases, Intestinal parasite, Worms.

** Substitute / Adulterants – Macrotomia (G. Don) DC

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
73	Haimvanti	<i>Iris ensata</i> Thunb.	Iridaceae	Rheumatism, Fever, Asthma
74	Hansapadi	<i>Adiantum lunulatum</i> Burm.	Polypodiaceae	Erysipelas, Anti-poisonous, Diarrhoea, Wounds
75	Hapusa	<i>Juniperus communis</i> Linn.	Cupressaceae	Piles, Ascitis, Chronic diarrhoea / Dysentery Rheumatoid arthritis
76	Haridra	<i>Curcuma longa</i> Linn.	Zingiberaceae	Intestinal parasite, Worms, Skin diseases, Diabetes, Tuberculosis, Anaemia, Ulcer
77	Haridru	<i>Adina cordifolia</i> (Roxb.) H K & ex Brandis	Rubiaceae	Skin diseases, Tonic.
78	Haritaki	<i>Terminalia chebula</i> Retz.	Combretaceae	Brain tonic, Skin diseases, Eye diseases, Diabetes, Piles, Jaundice, Intestinal parasite, Worms, Enlargement of Liver and Spleen.
79	Himsra	<i>Capparis spinosa</i> Linn.	Capparidaceae	Rheumatism, Tumour, Pain.
80	Hingupatri	<i>Ferula jaeschkeana</i> Vatke	Apiaceae	Wound, Bruises (External application)
81	Hritpatri	<i>Digitalis purpurea</i> Linn.	Scrophulariaceae	Heart diseases, Dyspnoea.
82	Ikshu	<i>Saccharum officinarum</i> Linn	Gramineae	Epitaxis, Tonic, Urinary disorders.
83	Indravaruni	<i>Citrullus colocynthis</i> Schrad	Cucurbitaceae	Jaundice, Enlargement of Liver and spleen, Dyspnoea, Leprosy, Ulcer, Tumour, Diabetes

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
84	Ishadgolam	<i>Plantago ovata</i> Forsk.	Plantaginaceae	Urinary, disorders, Fever, Diarrhoea
85	Ishuvaku	<i>Lagenaria siceraria</i> (Molina) Standley	Cucurbitaceae	Constipation, Jaundice, Burning sensation (feet).
86	Jalapippali	<i>Phyla nodiflora</i> (L.) Green	Verbenaceae	Rheumatism, Urinary disorders
87	Jambeer	<i>Citrus limon</i> (Linn.) Burn.f.	Rutaceae	Intestinal colic, Bronchitis, Emesis, Heart diseases.
88	Jambu	<i>Syzygium cumini</i> (L) Skeels	Myrtaceae	Diabetes, Intestinal parasite, Dyspnoea, Diarrhoea, Cough, Worms.
89	Japa	<i>Hibiscus rosa sinensis</i> Linn.	Malvaceae	Hair tonic, Contraceptive
90	Jati	<i>Jasminum grandiflorum</i> Linn.	Oleaceae	Anti – poisonous, Leprosy, Ulcer, Stomatitis.
91	Jayanti	<i>Sesbania sesban</i> (Linn.) Merr.	Fabaceae	Urinary disorders, Anti poisonous, Leucoderma.
92	Jeeraka	<i>Cuminum cyminum</i> Linn.	Apiaceae	Diarrhoea, Dysentery, Skin diseases, Rheumatism.
93	Jyothishmati	<i>Celastrus paniculatus</i> Willd.	Celastraceae	Rheumatism, Brain tonic.
94	Kabuk	<i>Costus speciosus</i> (Koen). Sm.	Zingiberaceae	Skin diseases, Bronchitis, Asthma, Diabetes
95	Kadali	<i>Musa paradisiaca</i> Linn.	Musaceae	Uterine bleeding, Urinary disorders, Bronchitis, Dyspnoea
96	Kadamba	<i>Arthrocephalus cadamba</i> (Rosb.) Mig.	Rubiaceae	Anti – poisonous, Ulcer, Fever

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
97	Kakajangha	<i>Peristrophe bicalyculata</i> Nees	Acanthaceae	Leucorrhoea, Tuberculosis, Wound.
98	Kakamachi	<i>Solanum nigrum</i> Linn.	Solanaceae	Swelling, Skin diseases, Piles, Fever, Diabetes.
99	Kamalam	<i>Nelumbo nucifera</i> Gaertn	Nymphaeaceae	Erysipelas, Epistaxis, Uterine tonic.
100	Kamardaka	<i>Carissa carandas</i> Linn	Apocynaceae	Anti-poisonous, Anorexia.
101	Kampillak	<i>Mallotus philippensis</i> (Lamk.) Muell. Arg.	Euphorbiaceae	Intestinal parasite, worms, constipation, Ulcer, Ascitis.
102	Kanchanara	<i>Bauhinia variegata</i> Linn.	Caesalpiniaceae	Tumour, Goiter, Scrofula, Epistaxis, Utering bleeding, Skin diseases.
103	Kandeer	<i>Ranunculus sceleratus</i> Linn	Ranunculaceae	Ulcer, Enlargement of Liver and Spleen, Abdominal pain.
104	Kantakari	<i>Solanum surattense</i> Burm. f.	Solanaceae	Bronchitis, Dyspnoea, Urinary disorders, Calculus.
105	Karavalli	<i>Momordica charantia</i> Linn.	Cucurbitaceae	Diabetes, Wound, Anaemia, Bronchitis, Skin diseases.
106	Karavira	<i>Nerium indicum</i> Mill.	Apocynaceae	Fever, Ulcer, Skin diseases, Heart diseases.
107	Kajura	<i>Phoenix zylvestris</i> Roxb.	Palme	Tonic, Epistaxis, Urinary disorders.
108	Karkatasringi	<i>Pistacia khunjuk</i> Stocks	Anacardiaceae	Bronchitis, Dyspnoea, Fever, Emesis, Hiccough.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
109	Karkotaka	<i>Momordica dioica</i> Roxb	Cucurbitaceae	Jaundice, Filariasis, Fever, Snake – poison, Calculus
110	Karpasa	<i>Gossypium herbaceum</i> Linn.	Malvaceae	Calculus, Menstrual disorders, Lactagogue
111	Kasa	<i>Saccharum spontaneum</i> Linn.	Gramineae	Urinary disorders, Calculus, Lactagogue, Uterine bleeding.
112	Kasini	<i>Cichorium intybus</i> Linn.	Asteraceae	Skin diseases, Calculus, Enlargement of Liver.
113	Kasmard	<i>Cassia occidentalis</i> Linn.	Caesalpiniaceae	Bronchitis, Dyspnoea, Skin diseases, Filariasis, Hiccough.
114	Katuki	<i>Picrorhiza kurroo</i> Royle ex Benth.	Scrophulariaceae	Enlargement of Liver, Jaundice, Fever, Constipation.
115	Katuvira	<i>Capsicum annuum</i> Linn.	Solanaceae	Fever, Ulcer, Anorexia, Cholera.
116	Khadira	<i>Acacia catechu</i> (Linn. f.) Willd	Mimosaceae	Leprosy, Leucoderma, Ulcer, Urinary disorders, Diabetes, Intestinal parasite, Worms, Obesity.
117	Kodrava	<i>Paspalum scrobiculatum</i> Linn.	Gramineae	Scrub, Diabetes, Epistaxis, Obesity.
118	Koshataki	<i>Luffa acutangula</i> Roxb.	Cucurbitaceae	Bronchitis, Anti – poisonous, Ascitis
119	Krishnajiraka*	<i>Carum carvi</i> Linn.	Apiacea	Menstrual disorders, Anorexia, Skin diseases, Leucorrhoea.
120	Krishnasariva**	<i>Cryptolepsis bechanani</i> Roem & Sehl	Asclepiadaceae	Skin diseases, Anti-poisonous, Epitaxis, Dyspnoea.

* Substitute / Adulterants – *Bunium persicum* (Boiss.) Fedts.

** Substitute / Adulterants – *Ichnocarpus frutescens* (L.) R. Br. (Apocynaceae)

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
121	Kshirakakoli	<i>Fritillaria roylei</i> Hook. f.	Lilikceae	Tonic, Asthma, Tuberculosis
122	Kulatha	<i>Dolichos biflorus</i> Linn.	Fabaceae	Calculus, Dyspnoea, Bronchitis, Urinary disorders.
123	Kumkuma	<i>Crocus sativus</i> Linn.	Iridaceae	Tonic, Heart stimulant, Ulcer, Skin diseases.
124	Kumuda	<i>Nymphaea alba</i> Linn.	Nymphaeaceae	Epistaxis, Urinary disorders, Fever, Diarrhoea.
125	Kunda	<i>Jasminum multiflorum</i> (Brum. f.) Andr.	Oleaceae	Stomatitis, Ulcer, Wound, Skin diseases.
126	Kusa	<i>Desmostachya bipinnata</i> Stapf.	Gramineae	Epistaxis, Calculus, Skin diseases.
127	Kusmanda	<i>Benincasa hispida</i> (Thung.) Cogn.	Cucurbitaceae	Epistaxis, Brain tonic, Diuretic, Heart diseases.
128	Kustha	<i>Saussurea lappa</i> C. B. Clarke.	Asteraceae	Bronchitis, Dyspnoea, Rheumatism, Tonic.
129	Kutaja	<i>Holarrhena antidysenterica</i> Wall.	Apocynaceae	Diarrhoea, Dysentery, Bleeding piles, Epistaxis.
130	Laghu Dugdhika	<i>Euphorbia thymifolia</i> Linn.	Euphorbiaceae	Skin diseases, Intestinal parasite, worms, Snake poison.
131	Lajjalu	<i>Mimosa pudica</i> Linn.	Mimosaceae	Psoriasis, Jaundice, Urinary disorders.
132	Lakucha	<i>Artocarpus lakoocha</i> Roxb.	Moraceae	Liver tonic, Fever.
133	Langli	<i>Gloriosa superba</i> Linn.	Liliaceae	Swelling, Skin diseases, Intestinal parasite, Worms, Uterine tonic.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
134	Lasuna	<i>Allium sativum</i> Linn.	Liliaceae	Intestinal parasite, Leprosy, Nervous disorders, Heart diseases, Chronic fever, Intestinal Colic, Worms.
135	Latakaranja	<i>Caesalpinia crista</i> Linn.	Caesalpiniaceae	Fever, Intestinal Parasite, Diabetes, Worms.
136	Lonika**	<i>Portulaca oleracea</i> Linn.	Portulacaceae	Piles, Dysentery, Urinary disorders.
137	Madana	<i>Randia dumetorum</i> (gaertn.) lamk.	Rubiaceae	Emetic Dyspnoea, Cough, Constipation
138	Madayantika	<i>Lawsonia inermis</i> Linn.	Lythraceae	Burning sensation (feet) Headache, Hair Tonic.
139	Madhurika	<i>Foenioulum vulgare</i> Mill.	Apiaceae	Fever, Intestinal Colic, Burning Sensation, Constipation.
140	Mahabala	<i>Sida rombifolia</i> Linn.	Malvaceae	Nervous disorders, Tonic, Urinary disorders, Uterine bleeding.
141	Mahanimba	<i>Melia azadirachta</i> Linn	Meliaceae	Sciatica, Diabetes, Eye diseases.
142	Mallika	<i>Jasminum sambac</i> Ait.	Oleaceae	Ulcer, Skin diseases, Stomatitis.
143	Mandukparni	<i>Centella asiatica</i> (Linn.) Urban	Apiaceae	Brain tonic, Inflammation, Mania, Epilepsy.
144	Manjistha	<i>Rubia cordifolia</i> Linn.	Rubiaceae	Skin diseases, Anti poisonous, Urinary disorders, Fever.
145	Marubak	<i>Origanum vulgare</i> Linn.	Lamiaceae	Stomatitis, Skin diseases Intestinal parasite, Worms, Constipation.

** Substitute / Adulterants – *Portulaca grandiflora* Hook. *P. quadrifida* Linn.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
146	Masa	<i>Phaseolus mungo</i> Linn.	Fabaceae	Tonic, Nervous disorders
147	Masura	<i>Lens culinaris</i> Medic.	Fabaceae	Bleeding piles, Emesis, Chronic dysentery.
148	Matsyaksi	<i>Alternanthera sessilis</i> (L.) R. Br.	Amaranthaceae	Snake – bite, Galactagogue
149	Mayoorshikha	<i>Adiantum caudatum</i> Linn.	Polypodiaceae	Skin diseases, Diabetes, Fever, Cough.
150	Methika	<i>Trigonella foenum – graecum</i> Linn.	Fabaceae	Inflammation, Uterine tonic, Dysentery.
151	Mudga	<i>Phaseolus radiatus</i> Linn.	Fabaceae	Ulcer, Fever, Eye diseases.
152	Mudgaparni	<i>Phaseolus trilobus</i> Ait.	Fabaceae	Cough, Rheumatoid arthritis, Fever.
153	Mujataka	<i>Orchis latifolia</i> Linn.	Orchidaceae	Tonic, Cough, Nervous disorders.
154	Mulika	<i>Raphanus sativus</i> Linn.	Brassicaceae	Piles, Ostalgia, Cough, Dysentery / Diarrhoea
155	Mundi	<i>Sphaeranthus indicus</i> Linn.	Asteraceae	Skin diseases, Anaemia, Epilepsy, Headache
156	Musta	<i>Cyperus rotundus</i> Linn.	Cyperaceae	Diarrhoea, Dysentery, Erysipelas, Epilepsy
157	Nagaram	<i>Zingiber officinale</i> Rosc.	Zingiberaceae	Rheumatoid arthritis, Indigestion, Dysentery.
158	Nal	<i>Arundo donax</i> Linn.	Gramineae	Urinary disorders, Tonic, Ulcer, Erysipelas.
159	Navamallika	<i>Jaminum arborescens</i> Roxb.	Oleaceae	Snake-poison, Anorexia.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
160	Nimba	<i>Azadirachta indica</i> A. juss	Meliaceae	Skin diseases, Psoriasis, Diabetes, Erysipelas, Allergy.
161	Nirgundi	<i>Vitex negundo</i> Linn.	Verbenaceae	Sciatica, Nervous disorders, Erysipelas, Epistaxis, Tuberculosis
162	Nirvisha	<i>Delphinium denudatum</i> Wall.	Ranunculaceae	Ulcer, Anti-poisonous, Urinary disorders, Fever, Calculus.
163	Nyagrodha	<i>Ficus bengalensis</i> Linn.	Moraceae	Rheumatoid arthritis, Ulcer, Dysentery, Epistaxis.
164	Palandu	<i>Allium cepa</i> Linn.	Liliaceae	Tonic, Diabetes, Nervous disorders.
165	Palankya	<i>Spinacia oleracea</i> Linn.	Chenopodiaceae	Urinary calculi, Jaundice, Inflammation.
166	Palasa	<i>Butea monosperma</i> (Lamk.) Kuntz.	Fabaceae	Ulcer, Piles, Intestinal Parasite, Enlargement of Liver and Spleen, Diabetes, Worms.
167	Parasikyavani	<i>Hyoscyamus niger</i> Linn.	Solanaceae	Dysentery, Indigestion, Intestinal parasite, Worms.
168	Parbhadra	<i>Erythirna indica</i> Lamk	Fabaceae	Inflammation, Intestinal parasite, Ear diseases, Anorexia.
169	Parijat	<i>Nyctanthes arbor-tristis</i> Linn	Oleaceae	Rheumatism, Bronchitis, Sciatica
170	Parpata	<i>Fumaria indica</i> Bugsley	Fumeriaceae	Fever, Burning Sensation, Vertigo.
171	Parusaka	<i>Grewia asiatica</i> Linn.	Tiliaceae	Rheumatism, Skin diseases.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
172	Pasanabheda**	<i>Bergenia ligulata</i> (Wall.) Engl	Saxifragaceae	Urinary calculi, Urinary disorders, Piles, Heart diseases, Diabetes.
173	Patala	<i>Stereospermum suaveolens</i> DC	Bignoniaceae	Dyspnoea, Anorexia Piles, Cardiac tonic, Hiccough.
174	Patha (Laghu)	<i>Cissampelos pareira</i> Linn.	Menispermaceae	Fever, Skin diseases, Piles, Diarrhoea, Dyspnoea, Rheumatism.
175	Patola	<i>Trichosanthes dioica</i> Roxb.	Cucurbitaceae	Tonic, Fever, Skin diseases, Constipation.
176	Peetkarvira	<i>Thevetia peruviana</i> (Pers.) K. Schum	Apocynaceae	Heart diseases, Urinary disorders.
177	Phalgu	<i>Ficus hispida</i> Linn. f.	Moraceae	Skin diseases, Leucoderma, Anti-poisonous, Jaundice.
178	Phenila	<i>Sapindus mukorossi</i> Gaertn.	Sapindaceae	Skin diseases, Emetic, Headache, Anti poisonous, Dyspnoea.
179	Plaksa	<i>Ficus virens</i> Ait.	Moraceae	Erysipelas, Ulcer, Epistaxis, Menstrual disorders
180	Priyangu	<i>Callicarpa macrophylla</i> Vali	Verbenaceae	Dysentery, Fever, Emesis
181	Prsniparni	<i>Uraria picta</i> Desv.	Fabaceae	Cough, Dyspnoea, Inflammation due to fracture, Urinary disorders, Tonic

** Substitute / Adulterants – *Bergenia stracheyi* (Hk. f. &) Engl.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
182	Pudina	<i>Mentha spicata</i> Linn.	Lamiceae	Emesis, Digestive, Menstrual Disorders.
183	Punarnava	<i>Boerhaavia diffusa</i> Linn.	Nyctaginaceae	Swelling, Tonic, Urinary disorders, Ascitis, Uterine bleeding
184	Puskaram	<i>Inula racemosa</i> HK. f.	Asteraceae	Asthma, Cough, Heart diseases, Fever, Anaemia.
185	Ragi	<i>Eleusine coracana</i> Gaertn.	Gramineae	Tonic
186	Rajakoshtaki	<i>Luffa aegyptica</i> Mill	Cucurbitaceae	Ascitis, Cough, Fever.
187	Rajika**	<i>Brassica juncea</i> (Linn.) Czern & Coss	Brassicaceae	Skin diseases, Intestinal parasite, Pain, Worms.
188	Rohitaka	<i>Tecomelia undulate</i> (Smith). Seem.	Bignoniaceae	Ascitis, Jaundice, Leucorrhoea, Skin diseases.
189	Sahachara	<i>Barleria prionitis</i> Linn.	Acanthaceae	Nervous disorders, Anti poisonous, Uterine Tonic.
190	Sahadevi	<i>Vernonia cinerea</i> Less.	Asteraceae	Intermittent fever, Malaria, Skin eruptions.
191	Saka	<i>Tectonga grandis</i> Linn.f.	Verbenaceae	Urinary disorders.
192	Salaparni	<i>Desmodium gangeticum</i> (Linn.) Dc	Fabaceae	Heart diseases, Diarrhoea, Intermittent fever, Inflammation.
193	Salmili	<i>Salmalia malabarica</i> (DC) Schott & Endl.	Bombacaceae	Tonic, Epistaxis, Diarrhoea, Dysentery, Leucorrhoea.
194	Sana	<i>Crotalaria juncea</i> Linn.	Fabaceae	Emitdie, Pain, Abortifacient.

** Substitute / Adulterants – *Brassica nigra* (L.) Koch.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
195	Sankhapushpi	<i>Convolvulus arvensis</i> Linn.	Convolvulaceae	Brain tonic, Epilepsy, Insomnia.
196	Saptaparna	<i>Alstonia scholaris</i> R. Br.	Apocynaceae	Intermittent fever, Skin diseases, Dyspnoea, Ulcer, Cough.
197	Sara	<i>Saccharum bengalense</i> Retz.	Gramineae	Skin diseases, Urinary disorders, Eye disease.
198	Sarala	<i>Pinus roxburghii</i> Sargent	Pinaceae	Skin diseases, Inflammation, Ulcer.
199	Sarpagandha	<i>Rauvolfia serpentina</i> (Linn.) Benth. ex. Kurz	Apocynaceae	Diuretic, Mania, Epilepsy, Insomnia, Snake-poison.
200	Sarsapa	<i>Brassica campestris</i> Linn. Var. Sarson Prain	Brassicaceae	Enlargement of spleen, Intestinal parasite, Skin diseases, Worms.
201	Satapushpa	<i>Anethum graveolens</i> Linn.	Apiaceae	Intestinal colic, Fever, Ulcer, Menstrual disorders.
202	Satavari	<i>Asparagus racemosus</i> Willd.	Liliaceae	Leucorrhoea, Uterine tonic, Epistaxis, Hyper acidity.
203	Sharapunkha	<i>Tephrosia purpurea</i> (Linn.) Pers.	Favaceae	Enlargement of spleen, Intestinal parasite, Skin diseases, Piles, Worms.
204	Shringatak	<i>Trapa natans</i> Linn. Var. <i>Bispinosa</i> (Roxb). Makino	Trapaceae	Uterine tonic, Urinary disorders, Epitaxis, Dysentery.
205	Sigru	<i>Moringa oleifera</i> Lamk.	Moringaceae	Ascitis, Skin diseases, Anti-poisonous, Inflammation, Ulcer.
206	Simsapa	<i>Dalbergia sissoo</i> Roxb.	Fabaceae	Inflammation, Skin diseases. Fever, Intestinal parasite, Worms.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
207	Sirisa	<i>Albizzia lebeck</i> Benth	Mimosaceae	Anti – poisonous, Inflammation, Erysipelas, Skin diseases, Dyspnoea.
208	Slashmatak	<i>Cordia dichotoma</i> Forst. F.	Ehretuaceae	Intestinal parasite, Allergu, Erysipelas.
209	Soma	<i>Ephedra gerardian</i> Wall.	Ephedraceae	Asthma, Fever, Diuretic, Heart diseases, Uterine tonic.
210	Sudarshan	<i>Crinum latifolium</i> Linn.	Amaryllidaceae	Intermittent fever, Malaria, Inflammation, Skin diseases.
211	Sunishanak	<i>Marsilea minuta</i> Linn.	Marsileaceae	Epistaxix, Piles, Anti poisonous, Rheumatoid arthritis.
212	Surana	<i>Amorphophallus campanulatus</i> (Roxb.) Bl. Ex. Decne.	Araceae	Piles, Dyspnoea, Enlargemnt of spleen, Cough.
213	Suranjan	<i>Colchicum luteum</i> Baker	Liliaceae	Rheumatism, Skin diseases.
214	Swarnaksiri*	<i>Euphorbia thomsoniana</i> Boiss.	Euphorbiaceae	Skin diseases, Inflammation, Fever.
215	Swetsariva	<i>Hemidesmus indicus</i> R. Br.	Asclepiadaceae	Skin diseases, Anti poisonous, Dyspnoea.
216	Syonaka	<i>Oroxylum indicum</i> Vent.	Bignoniaceae	Bronchitis, Urinary disorders, Diarrhoea, Anorexia.
217	Tagara	<i>Valeriana jatamansi</i> Jones	Valerianaceae	Epilepsy, Skin diseases, Headache.

* Substitute / Adulterants – *Argemone mexicana* Linn

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
218	Talamuli	<i>Curculigo orchioides</i> Gaertn	Hyposidaceae	Tonic, Rheumatism.
219	Tailsa**	<i>Abies spectabilis</i> (Don) Spach	Pinaceae	Dyspnoea, Bronchitis, Anorexia, Tuberculosis, Emesis.
220	Tamraparni	<i>Nicotiana tabacum</i> Linn.	Solanaceae	Cough, Dyspnoea, Itching.
221	Tanduliya	<i>Amaranthus spinosus</i> Linn.	Amaranthaceae	Epistaxis, Uterine bleeding, Piles, Snake-poison.
222	Taruni	<i>Rosa centifolia</i> Linn.	Rosaceae	Ulcer, Brain tonic.
223	Tila	<i>Sesamum indicum</i> Linn.	Pedaliaceae	Rheumatoid arthritis, Menstrual disorders, Piles.
224	Tinisa	<i>Ougenia dalbergioides</i> Benth.	Fabaceae	Diabetes, Leprosy, Anaemia, Intestinal parasite, Worms.
225	Tumburu	<i>Zanthoxylum alatum</i> Roxb.	Rutaceae	Dyspnoea, Cough, Skin diseases, Tooth – ache
226	Udumbara	<i>Ficus racemosa</i> Linn.	Moraceae	Epistaxis, Dysentery, Ulcer.
227	Upodaka	<i>Besella rubra</i> Linn.	Basellaceae	Ulcer, Insomnia, Piles, Cancer.
228	Usiara	<i>Vetiveria zizonioides</i> (Linn.) Nash	Gramineae	Fever, Emesis, Erysipelas, Urinary disorders.
229	Utpal	<i>Nymphaea stellata</i> Willd.	Nymphaeaceae	Epistaxis, Bleeding Piles, Fever.

** Substitute / Adulterants – *Abies pindroue* Royle (Pinaceae), *Taxus wallichiana* Zucc.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
230	Vacha	<i>Acorus calamus</i> Linn	Araceae	Bronchitis, Asthma, Emetic, Skin diseases, Epilepsy
231	Vandaka	<i>Dendrophthoe falcata</i> (Linn. f.) Etting	Loranthaceae	Anti – poisonous, Ulcer, Urinary calculi.
232	Vanjula	<i>Salix tetrasperma</i> Roxb.	Salicaceae	Dogbite, Anti – poisonous.
233	Vansa	<i>Bambusa bambos</i> Druce	Gramineae	Diuretic, Skin diseases, Ulcer, Tonic, Fever, Bronchitis, Jaundice.
234	Varahi	<i>Dioscorea bulbifera</i> Linn.	Dioscoreaceae	Tonic, Skin diseases, Intestinal parasite, Diabetes.
235	Varsabhu	<i>Trianthema portulacastrum</i> Linn.	Aizoaceae	Diuretic, Dropsy, Odema Urinary disorders.
236	Varuna	<i>Crataeva nurvala</i> Buch – Ham	Capparidaceae	Rheumatoid arthritis, Intestinal parasite, Peptic ulcer, Tumour, Worms.
237	Vasa	<i>Adhatoda vasica</i> Nees	Acanthaceae	Bronchitis, Dyspnoea, Epistaxis, Inflammation, Skin diseases.
238	Vastuk	<i>Chenopodium album</i> Linn	Chenopodiaceae	Intestinal parasite, Constipation, Eye diseases, Epistaxis, Piles, Worms.
239	Vatsanabha	<i>Aconitum chasmanthum</i> Stapf. Ex Holmes	Ranunculaceae	Fever, Skin diseases, Enlargement of spleen.
240	Vetesa	<i>Salix caprea</i> Linn	Saliceae	Inflammation, Piles, Epistaxis, Erysipelas.
241	Vidari	<i>Pueraria tuberosa</i> DC.	Fabaceae	Tonic, Intermittent Fever, Malaria, Heart diseases.

Sl. No.	Sanskrit Name	Botanical Name	Family	Certain important traditional uses
242	Vijaya	<i>Cannabis sativa</i> Linn	Cannabinaceae	Dysentery, Digestive, Pain.
243	Vikankata	<i>Flacourtia indica</i> Merr	Flacourtiaceae	Jaundice, Skin eruptions, Inflammations
244	Vishnukranta	<i>Evolvulus alsinoides</i> Linn.	Convolvulaceae	Brain tonic, Mania Epilepsy, Insomnia.
245	Yava	<i>Hordeum vulgare</i> Linn.	Gramineae	Diabetes, Diuretic, Urinary disorders, Ulcer, Erysipelas.
246	Yawani	<i>Trachyspermum ammi</i> (Linn.) Sprague	Apiaceae	Intestinal colic, Ulcer, Enlargement of Spleen, Intestinal parasite, Worms.